



Vista's ABA Services program offers behavioral therapy for individuals ages 12 months to 21 years with a primary diagnosis of autism spectrum disorder. It can serve as a stand-alone service or provide additional hours of support outside of other behavioral health programming, such as Vista's Early Intervention program, The Vista School®, or other community service.



ABA Services focus areas may include:

- Peer and family interactions
- Communication skills
- Leisure activities
- Life skills, such as riding in a car appropriately
- Activities of daily living, such as mealtimes or using the bathroom
- Removing barriers to academic learning

What Is ABA?

Applied Behavior Analysis (ABA) stands at the core of all programming at Vista Autism Services. ABA is a science-based methodology that has evolved through years of research to help individuals with autism develop skills and behaviors that are socially significant and meaningful to them in their overall functioning in life.

Increasing Independence and Quality of Life

We embed ABA techniques into natural routines and activities throughout the day—at home, school or in the community—to increase the individual's overall independence and quality of life for them and their family.

Expert Autism Support

A Board Certified Behavior Analyst or Behavior Consultant will perform an initial assessment to develop an individualized treatment plan (ITP) and then guide and track progress. The plan includes goals prioritized to individual needs as well as caregiver goals that are worked on throughout a 12-month authorization year. Our clinicians use a variety of evidence-based academic and life skills curricula to teach new skills and replacement behaviors.



Family Training and Involvement

ABA therapy proves most effective when interventions can be applied consistently across settings and all members of the individual's care team are active participants in the treatment plan. We train families, school personnel, and other important care figures to make sure skills generalize across all environments. Individualized one-on-one training for caregivers aims to give them the tools necessary to effectively support the individual with autism to the point where ABA Services can be faded.

**IBHS-ABA
Service
Provider**

Service Areas

Cumberland • Dauphin • Franklin • Fulton • Lancaster
Lebanon • York • Berks • Perry • Adams

Unique potential is within reach.

Contact Vista to learn more about our ABA Services program.

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