

Message From Our Leaders

This year marked the 20th anniversary since we set out to change the landscape of autism services in Central Pennsylvania by bringing world-class ABA services first to our children's school experience and then, later, to other aspects of their lives. Our mission remains: to advance and innovate, to improve lives, and to inspire hope for individuals with autism and their families. What began as a single program serving four children has expanded to 11 different programs now serving over 300 individuals per year of all ages, from diagnosis through adulthood.

In many ways, our 2021-2022 fiscal year felt like a rebirth as we transitioned back to full in-person operations following the pandemic and reestablished favorite Vista traditions such as the Walk for Education and Golf Classic. We also debuted Vista's new butterfly logo representing our commitment to support the continued development in each of the individuals we serve.

As we reflect on the growth of this organization and in the individuals we support, we also recall with deep gratitude your role in making it possible. The stories in the following pages of this report highlight just a few of the countless ways your contributions have made an impact on the individuals enrolled in our programs and on the staff and families who support them.

Your generosity ensures we can continue to provide high-quality, individualized programming and positively impact the trajectory of our clients' growth and development. In the year to come, we look forward to all the ways we will serve the autism community together and enable our clients to reach their unique potential.



Michael Jarman



Katrina Young President, Autism Services



Andrew Ward President, Adult Services







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Early Intervention

A Friend Is Just a Phone Call Away

A child in Vista's Early Intervention program was playing with a toy phone when her classmate decided to join in. Soon they were imitating each other's phrases and actions, naturally practicing social exchanges all on their own without any prompts from staff. What an impact this program can have on children's social development!





Getting the Swing of It

Vista's Early Intervention program was able to upgrade their indoor play area this year, thanks to a generous donation that funded a rock wall, crash mat, swings, and other play equipment. Beyond adding to the fun factor, the new equipment has facilitated countless opportunities for skill development and growth.



31 CHILDREN served throughout the year



CHILDREN successfully transitioned to school in their home districts

ABA Services

ABA Interventions Help Kindergartener Find Her Voice Aireece started with ABA services in April 2021 with little spoken language

Aireece started with ABA services in April 2021 with little spoken language and challenging behaviors. Through communication training and ABA interventions with a Board Certified Behavior Analyst and Behavioral Health Technician, she now attends a regular kindergarten class. She is also toilet trained, she raises her hand to wait for teacher attention, and she speaks in full sentences with quite a bit of spunk!





Outreach Services

A Year of Many Firsts

In Outreach Services, we teach a variety of socialemotional behavioral skills with the goal of removing barriers to students' success. A student receiving Outreach Services started attending public school for the first time this year and has made huge gains since the beginning of the school year:



- He recently used the bathroom successfully for the first time ever in school.
- He now sits with his peers at a table group, instead of at a table by himself, and on occasion shares materials with his peers.
- During whole group instruction, he has made progress in joining his class on the carpet rather than sitting in a chair on the perimeter of the group.
- Almost all his transitions within the school building are successful now without uncooperative behaviors.
- He's expanding his communication skills with the use of a communication app on the iPad and has started using more verbal communication to express when he is upset and to ask for a break instead of hitting or kicking.

We are so proud of these positive outcomes and look forward to seeing continued growth in all of the students we serve along their educational journeys!



STUDENTS served across 3 school districts, a public cyber charter school, and the Catholic Diocese

4106
HOURS
of service provided

STUDENTS
progressed to
needing less support

COVE Autism Support Classrooms

Building Coping Skills to Participate in General Education

We first met a student named Benni when we started the CoVE program three years ago. When he would become frustrated, he struggled with managing his coping skills. Instead of asking for help or taking a break, he would engage in unsafe behaviors. This prevented him from participating in the general education setting.

With the help and hard work of his behavioral consultant and team, Benni is now able to go out to general education for specials and science/social studies with grade-level peers. They worked on behavior skills training, video modeling, and reinforcing break requests to teach



Benni how to control his frustrations. Benni has built coping skills and is able to take a break when he needs to. He has also been able to build meaningful relationships with staff and peers in his classroom.



48
STUDENTS
served throughout
the year

STUDENTS

participated in at least one regular education class during the school day

The Vista School



A Matter of Taste

Heightened sensitivity to smell, taste and texture is common among individuals with autism, which can lead to mealtime and dietary challenges. At The Vista School®, students have been tasting and learning about new foods. Each day, they're introduced to something different, such as carrots and hummus, to work on building tolerance for a greater variety of healthy foods. Purchasing groceries for these lessons is one way donations to Vista are used to enhance learning opportunities in the classroom.

Gaining Life-Changing Skills

Vista has engaged in years of research focused on the most effective practices to train individuals with autism to be independent with toileting. One of the toilet training successes we celebrated this year was for one of our junior high students. He no longer has to wear briefs and can ask for the bathroom. Gaining that independence has been life-changing for the individual and his family!







The Vista School

Behavioral Progress Opens Doors for Community Integration

Vista's unique Community-Based Instruction program provides students with opportunities to put their skills to use in a variety of public settings, promoting independence and community engagement. Turrell, a high school student who had a history of unsafe behaviors and previously could only attend school part time, has worked his way up to full days and is safely going out into the community too. Not only has he been able to enjoy time at parks and zoos, but it has also opened the door for him to participate in pre-employment learning opportunities, such as washing windows at Hershey Fire Department.







Transition Services

Volunteer Experience Teaches Valuable Work Skills

Megan, a Vista high school student, has gained valuable experience volunteering at The Caring Cupboard throughout this past school year and summer. She enjoyed that there was always something a little different to do each week, and that gave her experience applying her skills across a variety of tasks. She also had the opportunity to develop relationships with the other volunteers who often remarked how much they appreciated her hard work. The future looks bright for Megan's employment possibilities!



56% of Vista School students are employed at the time of graduation.



Hard Work Pays Off

Jack, a high school student at The Vista School, was extremely proud and happy to be able to purchase a new Wii controller that he bought with his own paycheck. He began a job at Maple Press last fall with the support of Vista Employment Services and is gaining valuable experience, both on the job and with managing his earnings.



55
STUDENTS
served throughout
the year



PART-TIME POSITIONS held by Vista School students

Adult Services

Enriching Our Clients, Enriching the Community

We have been following the journey of a young man named Gavin participating in Vista's Adult Services who was also once a student at The Vista School®. He transitioned successfully out of The Vista School to his home school district over 10 years ago and our team was excited to work with him again through Adult Day Services and Employment Services during his last two years of high school. He obtained paid employment two days a week and volunteered at a local food bank with the support of our staff. On his last day volunteering after graduating school in the spring, the food bank staff expressed how sad they were to see him go and presented him with a certificate of appreciation. We're so proud of the progress he made during his time with us thus far, and we're excited to continue supporting him as he enters college.

"We love the relationships that our individuals are able to form with community members and the enrichment it brings to both our individuals, our staff, and society as a whole."

Gavin

-MaryLou Winters, Manager of Employment Services

Adult Day Services

Finding Success Trying New Experiences

Adult Day Services empower program participants to increase their independence, confidence, and overall quality of life through skill development and growth. Branching out beyond familiar favorites to try new things in the community is an overarching goal they may work toward. One client visited a pet store for the first time and even got his hands wet in the stingray touch tank. Another client who prefers spending time at Bullfrog Valley Park had a positive visit at a different park location where he enjoyed feeding the ducks. Trying new experiences represents a huge success for these young men.



Mark, a Vista Adult Day Services client, discovered one of life's simple joys in a baking activity he completed with his Life Skills Instructor. He looked up the recipe for strawberry shortcake, made a list of ingredients, bought the ingredients at the store, baked the dessert, and then shared it with his peers and staff. He was so proud! What a delicious taste of independence and the satisfaction of sharing the fruits of your labor.







Employment Services



Space to Be Herself

Employment Services client Aubree had a job that was a good match for her, but when some conditions and job tasks changed, her team worked hard to help her secure a job that's an even better fit. She's responsible for collecting cardboard across the Owen's & Minor warehouse and breaking it down so it can be pressed into bales and recycled. One of her favorite things about the warehouse is the acoustics. Aubree loves to sing loudly while she works, and this workplace gives her the space and opportunity to fully be herself without disruption to the workplace.

A New Record Reached

During his morning shift at the Foot Locker warehouse, a Vista Employment Services client built 250 boxes—a new record! He felt proud of his accomplishment and was excited to report the total back to the security guard who challenged him to reach new heights. Learning how to set and reach goals, as well as build meaningful relationships with others at work, is a win-win for both the individuals we serve and the businesses we partner with to provide meaningful employment experiences for the individuals in our program.







26

HIRING PARTNERS employed Vista clients



held by Vista Employment Services clients

Behavior Support Services

Day-in-the-Life Snapshot of Success

Jordan has made tremendous progress since he transitioned into Adult Services following his graduation from The Vista School®. He has benefited from several of our programs, including Behavior Support Services, which provides wholistic, ABA-driven support across all life domains. When he first started, he would engage in a variety of challenging and unsafe behaviors that required intensive support from our team of experts. Fast forward to today and Jordan has not only decreased his challenging behavior, but has grown in his adaptive living and leisure skills.

A recent day-in-the-life snapshot of his time with Vista included four yoga sessions, completing an arts and crafts project, jumping on his trampoline, playing air hockey, and going to Chocolate World. At Chocolate World, Jordan had to wait about 30 minutes for the ride, then stood in line to buy a chocolate bar afterward. These activities and continued progress would not have been possible without the behavioral interventions and strategies guided by his team of behavior support staff, life skills instructors, and Board Certified Behavior Analyst.



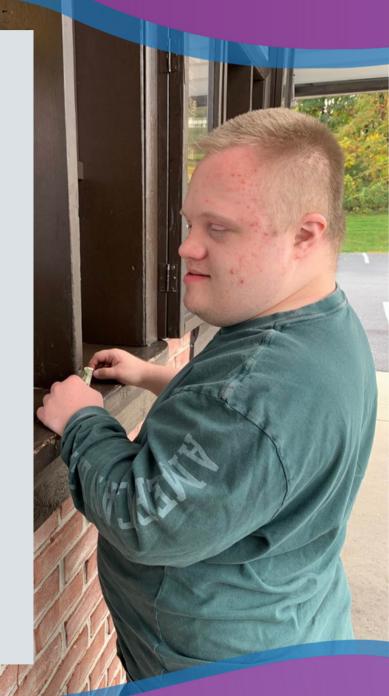


Intensive In-Home & Community Services

Opening Doors for Meaningful Community Integration

Vista Adult Services client Jordan has also benefited from our Intensive In-Home and Community Services program. Each individual's personalized support plan focuses on building skills and working toward goals related to activities of daily living, community integration, and functional communication. Despite his rocky start with challenging behaviors that made entering the community difficult, Vista's support has enabled him to increase his ventures out into the community and time spent outside his home.

One successful visit included patiently waiting for his ice cream, paying for it independently, and holding his hand out to get his change, all without any instances of undesirable behaviors. Jordan also enjoyed a picnic lunch in the park for 20 minutes, which is huge because he has historically eaten very fast. We are proud of the progress he has made with the help of his behavior support staff, and we can't wait to see what doors it opens next for meaningful community integration experiences.



"His story reminds us why we do what we do—why we put in hard work and long hours, continually learn and better ourselves as clinicians, and why we advocate for our clients." -Keirsten Blumenstein Haring, Board Certified Behavior Analyst & Licensed Behavior Specialist



Achieved Together Money (ATM)

Vista Achieved Together Money (ATM) is a portion of donor dollars available to help fund a variety of needs that come up throughout the year for staff and program participants. Vista staff submit grant requests to this fund for individual client needs, classroom enhancements, supplemental technology, and organizational improvements. The ATM has been an incredibly beneficial resource to fulfill critical needs that may be unexpected or unaccounted for in a budget. Staff appreciation activities have also been supported through this fund. The 2021 Walk for Vista, which was combined with The Vista School's Halloween festivities this year, helped replenish ATM funds in addition to donations made throughout the year. Your contributions to the ATM have helped provide the following to ensure individuals with autism have the resources they need to meet their unique potential:









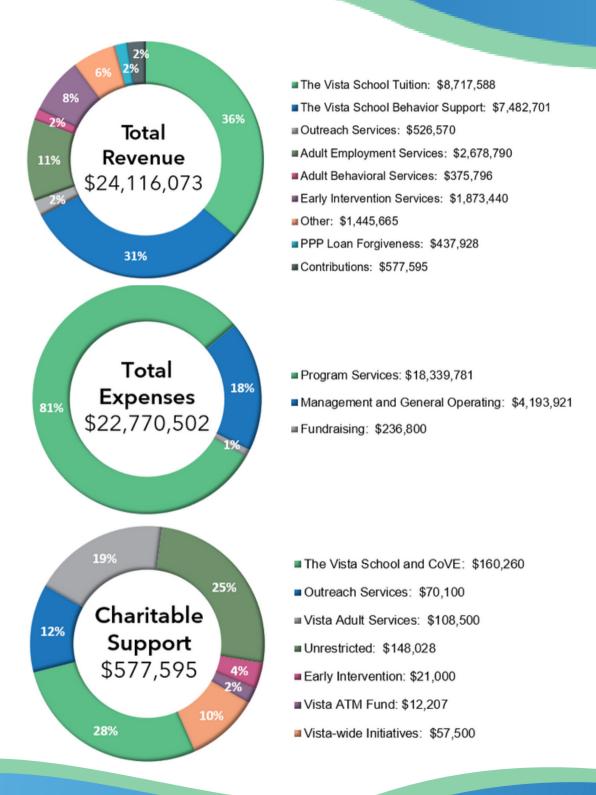


- iPads and computers for individuals and classroom instruction
- Subscriptions to educational and communication apps, tools, and games
- Clothes and personal hygiene products for clients
- Classroom materials
- Sensory toys
- Adaptive bikes
- Treadmill
- Staff appreciation activities
- Patio swing
- Toileting room upgrade
- YMCA membership passes for client use in Vista's Adult Day Services program





2021-2022 Financial Summary





On behalf of everyone at Vista, THANK YOU for your support in 2021-2022! We appreciate you!

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2021-2022 Tribute Gifts

Gifts to Vista can provide an enduring tribute to loved ones and friends. Thank you to the following donors for their gifts "in honor of" and "in memory of" during the 2021-2022 fiscal year:



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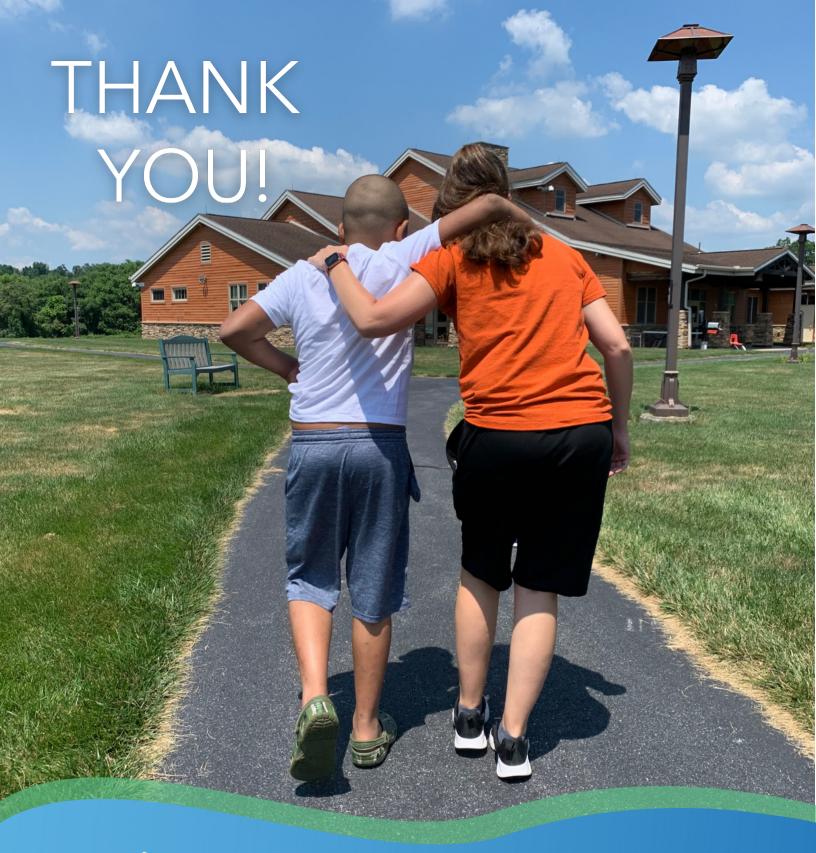
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